

# PLAINMOOR COMMUNITY SWIMMING POOL

# TIMETABLE February Half Term 2023 Maybe subject to change

	6.30	7AM	8AM	9AM	10AM	11AM	12.00	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM		
MONDAY	Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Early Birds Lane Swim 8.30-9.30am	Change Over	Family 10.00-11.30am	Change Over	Swimming Lessons Lane Swim 12.30-1.30pm	Swimming Lessons Family Swim 1.30-2.30pm	Change Over	Swimming Lessons	Swimming Lessons	Swimming Lessons	Torquay Leander Swimming Club	Public Adults only Lane Swim 9pm-10pm				MONDAY	
TUESDAY	Plainmoor TRIATHLETE Club 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	Water Mobility 10.30 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Swimming Lessons Family Swim 1.00-2.00pm	Swimming Lessons Family Swim 2.00-3.00pm	Swimming Lessons	Swimming Lessons	Swimming Lessons	Aquasize for all	Oddicombe Swimming Club	Torquay Leander Swimming Club	CLOSED			TUESDAY	
WEDNESDAY	Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	SWTC TRAINING	Aquasize for all	Swimming Lessons Family Swim 1.00-2.00pm	Change Over	Swimming Lessons Lane Swim 2.30-3.30pm	H2O Swim Lessons	Swimming Lessons	Aqua Splash	Oddicombe Swimming Club	Torquay Leander Swimming Club	Public Adults only Lane Swim 9pm-10pm			WEDNESDAY	
THURSDAY	CLOSED		Early Birds Lane Swim 8.30-9.30am	Parents & Tots 9.30-10.00am Parents & Tots 10.00-10.30am	Water Mobility 10.30 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Change Over	Swimming Lessons Family Swim 1.30-2.30pm	Swimming Lessons Lane Swim 2.30-3.30pm	Change Over	Swimming Lessons	Torquay Leander Swimming Club	CLOSED					THURSDAY	
FRIDAY	Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	Change Over	Swimming Lessons Family Swim 11.00-12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Change Over	Swimming Lessons Lane Swim 2.00-3.00pm	Swimming Lessons	Torquay Leander Swimming Club	Public Adults only Lane Swim 7pm-8pm	CLOSED					FRIDAY	
SATURDAY	CLOSED		Early Birds Lane Swim 8.00am - 9.00pm	Torquay Leander Swimming Club	H2O Swim Lessons (Lengths)			Change Over	Swimming Lessons Family Swim 1.30-2.30pm	Swimming Lessons Family Swim 2.30-3.30pm	CLOSED							SATURDAY	
SUNDAY	CLOSED		Plainmoor TRIATHLETE Club 8.00am - 9.00am	Swimming Lessons		Swimming Lessons			Swimming Lessons			CLOSED							SUNDAY

BOOKINGS CAN BE MADE ONLINE via GYMSYNC or calling the pool on 01803 323400