

PLAINMOOR COMMUNITY SWIMMING POOL

TIMETABLE May Half Term 2023 Maybe subject to change

	6.30	7AM	8AM	9AM	10AM	11AM	12.00	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM			
MONDAY	Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Change Over	Family Swim 10.00-11.30am		Change Over	Swimming Lessons Lane Swim 12.30-1.30pm	Swimming Lessons Family Swim 1.30-2.30pm	Change Over	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons			Torquay Leander Swimming Club		Public Adults only Lane Swim 9pm-10pm	MONDAY
TUESDAY	Plainmoor TRIATHLETE Club 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	Change Over	Water Mobility 11.00 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Diving Group 1.00- 3.00pm		Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons			Aquasize for all	Oddicombe Swimming Club	Torquay Leander Swimming Club	CLOSED	TUESDAY
WEDNESDAY	Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	SWTC TRAINING		Aquasize for all	Swimming Lessons Family Swim 1.00-2.00pm	Change Over	Swimming Lessons Lane Swim 2.30-3.30pm	Swimming Lessons		Change Over	Swimming Lessons Lane Swim 6.00-7.00pm	Oddicombe Swimming Club	Torquay Leander Swimming Club	Public Adults only Lane Swim 9pm-10pm	WEDNESDAY
THURSDAY	CLOSED			Swimming Lessons Early Birds Lane Swim 8.00-9.00am	Change Over	Parents & Tots 9.30-10.00 Parents & Tots 10.00-10.30	Change Over	Water Mobility 11.00 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Change Over	Swimming Lessons Family Swim 1.30-2.30pm	Swimming Lessons Lane Swim 2.30-3.30pm	Swimming Lessons		Torquay Leander Swimming Club			CLOSED	THURSDAY	
FRIDAY	Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	Change Over	Swimming Lessons Family Swim 11.00-12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Swimming Lessons Family Swim 1.00-2.00pm	Swimming Lessons Lane Swim 2.00-3.00pm	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons		Torquay Leander Swimming Club	Public Adults only Lane Swim 7pm-8pm	CLOSED		FRIDAY	
SATURDAY	CLOSED			Swimming Lessons Early Birds Lane Swim 8.00-9.00am	Torquay Leander Swimming Club	Swimming Lessons Family Swim 10.00-11.00am	Swimming Lessons Lane Swim 11.00-12.00pm	Swimming Lessons Family Swim 12.00-1.00pm	Change Over	Swimming Lessons Family Swim 1.30-2.30pm	Swimming Lessons Family Swim 2.30-3.30pm	CLOSED						SATURDAY		
SUNDAY	CLOSED				Swimming Lessons	Swimming Lessons					CLOSED						SUNDAY			
	6.30	7AM	8AM	9AM	10AM	11AM	12.00	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM			

BOOKINGS CAN BE MADE ONLINE via GYMSYNC or calling the pool on 01803 323400