

# PLAINMOOR COMMUNITY SWIMMING POOL

TIMETABLE October Half Term Starting Sunday 22nd - Saturday 28th 2023 Maybe subject to change

	6.30	7AM	8AM	9AM	10AM	11AM	12.00	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	
MONDAY		Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-9.00am	Change Over	Swimming Lessons Family Swim 9.30-11.00am	Change Over	Swimming Lessons Lane Swim 11.30-12.30pm	Change Over	Teign Diving Group 1:00-3:00pm	Change Over	Swimming Lessons Lane Swim 3.30-4.30pm	Swimming Lessons	Torquay Leander Swimming Club				Public Adults only Lane Swim 9pm-10pm	MONDAY
TUESDAY		Plainmoor TRIATHLETE Club 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-11.00am	Water Mobility 11.00 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Teign Diving Group 1:00-3:00pm	Change Over	Swimming Lessons Lane Swim 3.30-4.30pm	Swimming Lessons	Aquasize for all	Oddicombe Swimming Club	Torquay Leander Swimming Club			CLOSED	TUESDAY
WEDNESDAY		Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	SWTC TRAINING	Aquasize for all	Teign Diving Group 1:00-3:00pm	Change Over	Swimming Lessons Family Swim 3.30-4.30pm	Swimming Lessons	Swimming Lessons Lane Swim 6.00-7.00pm	Oddicombe Swimming Club	Torquay Leander Swimming Club			Public Adults only Lane Swim 9pm-10pm	WEDNESDAY
THURSDAY		CLOSED	Swimming Lessons Early Birds Lane Swim 8.00-9.00am	Swimming Lessons Family Swim 9.00-10.30am	Parents & Tots 10.30-11.00am	Water Mobility 11.00 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	TUCST - MultiSports	Change Over	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons	Torquay Leander Swimming Club					CLOSED	THURSDAY
FRIDAY		Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	Change Over	Swimming Lessons Family Swim 11.00-12.00pm	Change Over	Swimming Lessons Lane Swim 12.30-1.30pm	Change Over	Swimming Lessons Family Swim 2.00-3.30pm	Change Over	Swimming Lessons	Torquay Leander Swimming Club	Public Adults only Lane Swim 7pm-8pm		CLOSED	FRIDAY
SATURDAY		CLOSED	Early Birds Lane Swim 8.00-9.00am	Torquay Leander Swimming Club	Swimming Lessons Family Swim 10.00-11.00am	Swimming Lessons Lane Swim 11.00-12.00pm	Swimming Lessons Family Swim 12.00-1.00pm	Change Over	Swimming Lessons Family Swim 1.30-2.30pm	Swimming Lessons Family Swim 2.30-3.30pm							CLOSED	SATURDAY
SUNDAY		CLOSED		Swimming Lessons Lane Swim 09.00-10.00am	Swimming Lessons Family Swim 10.00-11.00am	Swimming Lessons Family Swim 11.00 - 12.00pm	Swimming Lessons Family Swim 12.00-1.00pm	Swimming Lessons Family Swim 1.00-2.00pm	Swimming Lessons Family Swim 2.00-3.00pm	Change Over	Teign Diving Group 3:30-5:30pm						CLOSED	SUNDAY

BOOKINGS CAN BE MADE ONLINE via GYMSYNC or calling the pool on 01803 323400