

# PLAINMOOR COMMUNITY SWIMMING POOL

## TIMETABLE September - December 2023 Maybe subject to change

		6.30 7AM		8AM		9AM		10AM		11AM		12.00		1PM		2PM		3PM		4PM		5PM		6PM		7PM		8PM		9PM		10PM			
MONDAY		Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-9.00am			Spires 9.00-9.30am	Change Over	Mayfield 10.00-11:30am			Sherwell Valley 11:30-12:30pm		Swimming Lessons Lane Swim 12.30-1.30pm		St Marg 1.30-2.00pm	Spires 2.00-2.30pm	Swimming Lessons Lane Swim 2.30-3.30pm		Change Over	Swimming Lessons				Torquay Leander Swimming Club						Public Adults only Lane Swim 9pm-10pm		MONDAY		
TUESDAY		Plainmoor TRIATHLETE Club 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons	Early Birds Lane Swim 8.30-9.30am		Warberry 9.30-10.30am		Change Over	Water Mobility 11.00 - 12.00pm	Change Over	Spires 12.30-1.00pm	Swimming Lessons Lane Swim 1.00-2.00pm		Coombe Pafford 2.00 - 3.00pm		Spires 3.00-4.00pm		Swimming Lessons				Aquasize for all		Oddicombe Swimming Club	Torquay Leander Swimming Club	CLOSED		TUESDAY				
WEDNESDAY		Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons	Early Birds Lane Swim 8.30-9.30am		Swimming Lessons	Lane Swim 9.30-10.30am		SWTC TRAINING		Aquasize for all		Swimming Lessons Lane Swim 1.00-2.00pm	Change Over	Babbacombe 2.15 - 3.15pm		Change Over	H2O Swim Lessons				Aqua Splash		Oddicombe Swimming Club	Torquay Leander Swimming Club	Public Adults only Lane Swim 9pm-10pm		WEDNESDAY				
THURSDAY		CLOSED			Early Birds Lane Swim 8.00-9.00am		Spires 9.00-9.30am	Parents & Tots 9.30-10.00am	Parents & Tots 10.00-10.30am	Change Over	Water Mobility 11.00 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm		Ellacombe 1.00 - 2.00pm		Coombe Pafford 2.00 - 3.00pm		Swimming Lessons Lane Swim 3.00-4.00pm		Swimming Lessons				Torquay Leander Swimming Club				CLOSED		THURSDAY					
FRIDAY		Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons	Early Birds Lane Swim 8.30-9.30am		Watcombe 9.30-10.30am		Glendinning Academy 10.30 - 11.00am	Swimming Lessons Lane Swim 11.00-12.00pm		Torquay Adacemy 12.00 - 12.45pm	Change Over	Swimming Lessons Lane Swim 1.00-2.00pm		Coombe Pafford 2.00 - 3.00pm		Swimming Lessons Lane Swim 3.00-4.00pm		Swimming Lessons				Torquay Leander Swimming Club	Public Adults only Lane Swim 7pm-8pm		CLOSED		FRIDAY				
SATURDAY		CLOSED			Early Birds Lane Swim 8.00-9.00am		Torquay Leander Swimming Club		H2O Swim Lessons (Lengths)				Change Over	Swimming Lessons Family Swim 1.30-2.30pm		Swimming Lessons Family Swim 2.30-3.30pm		CLOSED										SATURDAY							
SUNDAY		CLOSED				Swimming Lessons				Family Swim 11.00 - 12.00pm		Family Swim 12.00-1.00pm		Family Swim 1.00-2.00pm		Family Swim 2.00-3.00pm		Change Over	Teign Diving Group 3:30-5:30pm				CLOSED						SUNDAY						

BOOKINGS CAN BE MADE ONLINE via GYMSYNC or calling the pool on 01803 323400