

PLAINMOOR COMMUNITY SWIMMING POOL

TIMETABLE January - April Maybe Subject to change

	6.30 7AM	8AM	9AM	10AM	11AM	12.00	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM		
MONDAY	Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-9.00am	Spires 9.00-9.30am	Change Over	Mayfield 10.00-11:30am	Sherwell Valley 11:30-12:30pm	Swimming Lessons Lane Swim 12.30-1.30pm	St Marg 1.30-2.00pm	Upton 2:00-2:45pm	Change Over	Swimming Lessons Lane Swim 3:00-4.00pm	Swimming Lessons	Torquay Leander Swimming Club			Public Adults only Lane Swim 9pm-10pm	MONDAY	
TUESDAY	Plainmoor TRIATHLETE Club 6.30-7.30am	Early Birds Lane Swim 7.30-9.00am	Warberry 9.00 - 10.00am	Change Over	Water Mobility 10.30 - 11.30am	Swimming Lessons Lane Swim 11.30-12.30pm	Spires 12.30-1.00pm	Homelands 1.00 - 2.00pm	Coombe Pafford 2.00 - 3.00pm	Spires 3.00-4.00pm	Swimming Lessons	Aquasize for all	Torquay Leander Swimming Club		CLOSED	TUESDAY		
WEDNESDAY	Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Lane Swim 9.30-10.30am	SWTC TRAINING		Aquasize for all	Torre 1.00 - 2.00pm	Change Over	Babbacombe 2.15 - 3.15pm	Change Over	H2O Swim Lessons	Aqua Splash	Oddicombe Swimming Club	Torquay Leander Swimming Club	Public Adults only Lane Swim 9pm-10pm	WEDNESDAY	
THURSDAY	CLOSED		Early Birds Lane Swim 8.00-9.00am	Spires 9.00-9.30am	Parents & Tots 9.30-10.00am	Parents & Tots 10.00-10.30am	Change Over	Water Mobility 11.00 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Ellacombe 1.00 - 2.00pm	Coombe Pafford 2.00 - 3.00pm	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons	Torquay Leander Swimming Club		CLOSED	THURSDAY	
FRIDAY	Early Birds Lane Swim 6.30-7.30am	Early Birds Lane Swim 7.30-8.30am	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons	Watcombe 9.30-10.30am	Lane Swim 10.30-12.00pm	Torquay Adacemy 12.00 - 12.45pm	Change Over	Swimming Lessons Lane Swim 1.00-2.00pm	Coombe Pafford 2.00 - 3.00pm	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons	Torquay Leander Swimming Club	Public Adults only Lane Swim 7pm-8pm	CLOSED		FRIDAY	
SATURDAY	CLOSED		Early Birds Lane Swim 8.00-9.00am	Torquay Leander Swimming Club	H2O Swim Lessons (Lengths)			Change Over	Swimming Lessons	Swimming Lessons	CLOSED							SATURDAY
SUNDAY	CLOSED			Swimming Lessons		Family Swim 11.00 - 12.00pm	Family Swim 12.00-1.00pm	Lane Swim 1.00-2.00pm	Family Swim 2.00-3.00pm	Change Over	Teign Diving Group 3:30-5:30pm		CLOSED				SUNDAY	

BOOKINGS CAN BE MADE ONLINE via GYMSYNC or calling the pool on 01803 323400