

# PLAINMOOR COMMUNITY SWIMMING POOL

TIMETABLE Easter - 8th April - 14th April Maybe Subject to change

	6.30	7AM	8AM	9AM	10AM	11AM	12.00	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM				
MONDAY	Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-9.00am		Change Over	Swimming Lessons Family Swim 10.00-11.15am	Change Over	Swimming Lessons Lane Swim 11.30-1.00pm	Teign Diving Group 1:00-3:00pm			Swimming Lessons Lane Swim 3:00-4.00pm	Swimming Lessons Lane Swim 4:00-5.00pm	Swimming Lessons Lane Swim 5:00-6.00pm	Torquay Leander Swimming Club			Public Adults only Lane Swim 9pm-10pm	MONDAY		
TUESDAY	Plainmoor TRIATHLETE Club 6.30-7.30am		Early Birds Lane Swim 7.30-9.00am		Swimming Lessons Lane Swim 9.00-10.00am	Change Over	Water Mobility 10.30 - 11.30am	Change Over	Swimming Lessons Lane Swim 11.30-12.30pm	Teign Diving Group 1:00-3:00pm			Swimming Lessons Family Swim 3.00-4.00pm	Swimming Lessons Family Swim 4.00-5.00pm	Swimming Lessons Lane Swim 5:00-6.00pm	Aquasize for all	Torquay Leander Swimming Club		CLOSED	TUESDAY	
WEDNESDAY	Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Lane Swim 9.30-10.30am	SWTC TRAINING		Aquasize for all	Teign Diving Group 1:00-3:00pm			Change Over	Swimming Lessons Family Swim 3.30-4.30pm	Swimming Lessons Family Swim 4:30-5.30pm	Swimming Lessons Lane Swim 5:30-6.30pm	Change Over	Oddicombe Swimming Club	Torquay Leander Swimming Club	Public Adults only Lane Swim 9pm-10pm	WEDNESDAY
THURSDAY	CLOSED		Early Birds Lane Swim 8.00-9.00am		Change Over	Parents & Tots 9.30-10.00am Parents & Tots 10.00-10.30am	Change Over	Water Mobility 11.00 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Swimming Lessons Family Swim 1.00-2.00pm	Swimming Lessons Family Swim 2:00-3.00pm	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons Family Swim 4.00-5.00pm	Swimming Lessons Lane Swim 5:00-6.00pm	Torquay Leander Swimming Club			CLOSED	THURSDAY		
FRIDAY	Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am		Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Family Swim 9.30-10.30am	Swimming Lessons Lane Swim 10.30-12.00pm	Swimming Lessons Family Swim 12.00-1.00pm	Swimming Lessons Family Swim 1.00-2.00pm	Swimming Lessons Family Swim 2:00-3.00pm	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons Family Swim 4.00-5.00pm	Swimming Lessons Lane Swim 5:00-6.00pm	Torquay Leander Swimming Club	Public Adults only Lane Swim 7pm-8pm	CLOSED			FRIDAY		
SATURDAY	CLOSED		Early Birds Lane Swim 8.00-9.00am		Torquay Leander Swimming Club	Swimming Lessons Lane Swim 10.00-11.00am	Swimming Lessons Family Swim 11.00-12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Change Over	Swimming Lessons Family Swim 1.30-2.30pm	Swimming Lessons Family Swim 2.30-3.30pm	CLOSED						SATURDAY			
SUNDAY	CLOSED				Swimming Lessons			Swimming Lessons Family Swim 11.00 - 12.00pm	Swimming Lessons Family Swim 12.00-1.00pm	Swimming Lessons Lane Swim 1.00-2.00pm	Swimming Lessons Family Swim 2.00-3.00pm	Change Over	Teign Diving Group 3:30-5:30pm			CLOSED			SUNDAY		

BOOKINGS CAN BE MADE ONLINE via GYMSYNC or calling the pool on 01803 323400